

## IF YOU ARE OVER THE AGE OF 50 AND HAVE A SMOKING HISTORY, YOU MAY BE AT RISK FOR LUNG CANCER

Please complete this short form and give to your medical provider to see if you may qualify for a Lung Cancer Screening. Screening is covered by Medicare, Medicaid, Veterans Administration, and most Commercial insurances.

**PLEASE PRINT**

Your name: \_\_\_\_\_ D.O.B: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: Male Female

Current Smoker Former Smoker Total number of years you have smoked: \_\_\_\_\_

During your years as a smoker, how many cigarettes per day did you smoke, on average? \_\_\_\_\_

Have you been exposed to asbestos, silica, diesel fumes, or second-hand smoke, in addition to being a current or former smoker? Yes No

Do you have a history of Lung Cancer? Yes No If yes, how long ago? \_\_\_\_\_

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**For office use only**

**Provider: Please complete and fax order to Midland Health Scheduling Department: 432-221-4926**

Insurance: Medicare Medicaid VA Self-Pay \*Commercial Insurance: \_\_\_\_\_

LDCT Criteria verified? Yes No

Smoking Cessation Counseling provided? Yes No

Shared Decision Making completed? (G0296)? Yes No

☐ **Low Dose CT for Lung Cancer Screening plus Midland Health Patient Navigation Service (71271) (Patient Navigator to call the Patient with results)**

☐ **Low Dose CT for Lung Cancer Screening (71271) ICD-10 CODE FOR LDCT: \_\_\_\_\_**

**\*Preauthorization may be required for some commercial insurances**

**Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_**

(Patient Label)

Patient Name:  
Patient DOB:  
MR #:  
Acct #:

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Last Review Date: 03/06/2024

Scan to: PACS



## Lung cancer screening can find cancer early and save your life

Through Shared Decision Making, your medical provider will help determine if you are a candidate for Low Dose CT (LDCT) Lung Screening; an x-ray used to screen for lung cancer. LDCT Lung Screening creates a 3D image of the inside of your chest. LDCT Lung Screening provides more details than a chest X-ray and may lower the risk of death by as much as 20%.

The goal of LDCT Lung Screening is to detect lung cancer earlier. Without proactive screening and diagnosis, medical providers don't usually find lung cancers until symptoms have developed; when cancer is much harder to treat.

LDCT Lung Screening scans are quick and painless. Once you are positioned on the CT table, the table will move slowly through the CT scanner as the images are obtained. You will be asked to hold your breath for the short 5-10 seconds while the scan is completed. There's no prep, you can eat and drink as normal.

In 2022, Medicare expanded eligibility for LDCT Lung Screening by lowering the age from 55 to 50 and the pack-year history from 30 pack-years to 20 pack-years. This change will allow more patients who are considered high risk for lung cancer to have access to this lifesaving screening exam.

LDCT Lung Screening is an annual exam for patients who are not having any lung problems such as a chronic cough, shortness of breath, repeat respiratory infections, hoarseness, or coughing up blood. Your medical provider may delay the LDCT Lung Screening exam if you currently have signs and symptoms of a respiratory infection or if recently recovering from an infection. If you have had lung cancer over the last 5 years, LDCT Lung Screening is not an appropriate screening exam.

Smoking cessation lowers the risk of lung cancer and other serious health problems. To stop smoking is hard! To help, your medical provider will share smoking cessation options such as counseling, behavior therapy, medicines, and nicotine-containing products such as nicotine patches, gum, lozenges, inhalers, and nasal sprays, to help you quit.

There are some risks and limitations to LDCT Lung Screening that your medical provider will cover with you should they determine you are a candidate for this exam. Your provider will also help determine if the benefits of the screening outweigh the risks of having the exam. Risks and limitations are:

- **Radiation exposure:** LDCT lung screening uses radiation to create images of your lungs. Radiation can increase a person's risk of cancer however, the amount of radiation in LDCT Lung Screening is small – about half the amount of radiation received from the sun in a year.
- **False negative:** No test is perfect. It is possible that you may have a medical condition, including lung cancer, that the screening doesn't reveal. This is called a false negative.
- **False positive/additional testing:** LDCT Lung Screening may find something in the lung that may appear to be cancerous when it is not. This is called a false positive and can cause anxiety. To make sure these findings are not cancer, additional tests would need to occur.
- **Findings not related to lung cancer:** In a small percentage of exams, the LDCT Lung Screening may find abnormal findings in an area outside of the lung field (kidneys, adrenal glands, liver, heart vessels or thyroid) that may need further evaluation.

LDCT Lung Screenings are the best way to detect lung cancer earlier, when the survival rate is highest

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